

WHAT'S ON at HASTINGS ... WEEK 7 : TERM 3

<https://hastings-p.schools.nsw.gov.au/events.html>

Monday, 31st

- ICAS Mathematics Competition - Years 2 - 6

Tuesday, 1st September

- ICAS Spelling Bee Competition - Years 2 - 6

Wednesday, 2nd

- Handball Challenge - Years 1 - 4

Thursday, 3rd

- Handball Challenge - Years 5 - 6

EMAILING THE SCHOOL

When emailing the school,



please include
your child's name
and class

in the subject line or
in the body of the email.

PRINCIPAL MATTERS

School Life and Events Still on Hold

Whilst there may be many thinking that school life is getting back to normal, it is important to recognise that as a school community we are still balancing many challenges presented by the restrictions that continue to be in place for schools as well as the many usual 'business as usual' requirements. It is a very busy and complex time in schools. We are working hard to work within guidelines and still provide the opportunities for students that help to make school life engaging, fun and challenging.

Events that are still on hold by the Department of Education include camps (Year 4 Aussie Bush Camp and Year 6 Canberra), excursions, formal events and events involving parent attendance. Every week we are reviewing what we are permitted to do and planning accordingly. This has a particular impact on our students who would have been attending camps, outside school events and competitions and of course our annual Year 6 events. Whilst we are hopeful there may be some lifting of restrictions in Term 4, we are also being realistic and planning what events we can co-ordinate to replace some of the traditional events and celebrations.

I want to express my thanks and appreciation to our staff who have been working on high alert for months. They are continually required to think creatively, to re-invent and to cater for the immense changes that continue to be forthcoming. The demands upon them have continued to increase and they are working extremely hard. Thank you to all of them!

SASS Recognition Week

A special thankyou this week is extended to our outstanding SASS staff. They are the backbone of the school and during these very difficult times have been a huge support to teachers, executive, students and community. They are the ones making sure everyone else is ok. To our office staff, our Student Learning Support Officers, our General Assistant, our canteen and uniform shop staff and our cleaners we say a huge thank you! We are so grateful to have each of you.



COVID Testing

I would like to extend a very big message of gratitude to the community for being so supportive with the new requirements of COVID testing when students are ill with flu like symptoms. I know this can be problematic for families and unpleasant for those being tested but your co-operation and compliance is greatly appreciated.

Jodie Paterson
Principal

EDUCATIONAL RESOURCES LEVIES

	FAMILIES INVOICED	\$33,000
	PAYMENT RECEIVED	\$12,865
	OUTSTANDING	\$20,135

MULTICULTURAL PUBLIC SPEAKING

Congratulations to our Stage 2 and Stage 3 students who have participated in Public Speaking this term. Class finalists shared their speeches yesterday with a great deal of skill and expertise. It is impressive to see the amount of effort students contribute to developing this very important skill. Once again, staff have been very creative and flexible to ensure school events can take place in a way that meets the COVID restrictions and safety guidelines. Adjudicators were extremely impressed with the maturity and manner in which all speakers dealt with the complex topics. Thanks to all involved.

The following students were selected as class finalists.

3C	Ella Welsh	<i>Racism – No Way</i>	Jemma Kowalewski	<i>Kid Power</i>
3D	Milla Penny	<i>Kid Power</i>	Jack White	<i>Racism – No Way</i>
3/4G	Sienna Hopley	<i>Respect</i>	Thomas Dun	<i>Our Place</i>
3/4P	Jake Whitfield	<i>Our Place</i>	William Shuhyta	<i>Racism – No Way</i>
4B	Lucinda Gaudry	<i>Racism – No Way</i>	Astrid Livingstone	<i>Words Can Hurt</i>
4KT	Isobel Grummitt	<i>Olympics – Breaking Down Barriers</i>	Tallin Morris	<i>Our National Anthem</i>
4M	Hunter Page	<i>Kid Power</i>	Jayden Erdelyi	<i>Words Can Hurt</i>
5B	Madison Hopley	<i>Global Citizenship</i>	Emily Lyttle	<i>Racism – No Way</i>
5H	Toby Fraser	<i>Sports – Bringing People Together</i>	Charlie Dargan	<i>Racism – No Way</i>
5M	Camille Hostettler	<i>A World of Difference</i>	Ashton Cater	<i>Racism – No Way</i>
5/6S	Isaac Lavis	<i>Welcome to Australia</i>	Jessica Dun	<i>Our Place</i>
6B	Ivy Fotheringham	<i>Australia: TV Versus Real Life</i>	Amelia Southwell	<i>Racism – No Way</i>
6H	Willis Jensen	<i>Welcome to Australia</i>	Annalise Morton	<i>Racism – No Way</i>
6J	Xavier Kelly-Walsh	<i>Sports – Bringing People Together</i>	Alyssa Hocking	<i>Racism – No Way</i>



After a very close contest the following students will have their speeches submitted to the Arts Unit and will be included in “video local finals”. These finals will be adjudicated by a panel with winners chosen to proceed to the next round.

STAGE 2

1st Place
Tallin Morris

Runner-up
Lucinda Gaudry

STAGE 3

1st Place
Emily Lyttle

Runner-up
Madison Hopley



LIBRARY NEWS

Freemasonry Book Gifts ...

Last Monday several students were surprised by receiving the gift of a book from the Freemasons Lodge Hastings No.69. The students were nominated in recognition of their efforts in developing a love of reading. The Freemasons of Port Macquarie donated a generous Bookface Voucher, and we were able to purchase books to gift to students. We hope they enjoy their books, and continue to develop a confidence in reading and understanding. Our school is also grateful to the members of the Port Macquarie Freemasons for their generosity.



It's the final countdown!
Student entries close TODAY

K-2 ASSEMBLY AWARDS

24th August

KM	Tessa Allen	Theodore Bielby	Hannah-Leigh Boon-Tompsett
KS	Ben Dimmers	Jamilla Thomson-Jones	Skylah Shepherd
KV	Ari Edwards	Cortney Redman	Edward Oates
K/1F	Sophie Rodgers	Lyla Flowers	Stella Hocking
1C	Archie Walker	Zara Steel	Willow Clark
1D	Shalylah Davis	Liam McDonald	Oscar Knowles
1H	Nevaeh Edwards	Kobi Duggan	Harry Robertson
2HP	Ashton Slater	Kai Kelly	Blair Griffiths
	Nick Thawani	Tahlia Smith	Jasper Dodds
2K	Sharlylaa Russell	Hart Braley	April Kramel
2RN	Teal Filipek	Jacob Leech	Alyssa Thompson



Report by Kyson Stratton – Environment Minister
As Environment ministers we are looking into the possibility of having native bees at the school. A few weeks ago, Bunnings generously donated some plants to the school. These plants will attract native bees and also add colour to our gardens. Annalise and I have planted them around the school and if we keep taking care of them they will grow and be perfect for native bees. So please take care of the plants.



HASTINGS PUBLIC SCHOOL

Learning | Growing | Caring

CANTEEN CREATIONS

Lunches can be ordered (or cancelled) before 9am at www.flexischools.com.au

MEXICAN MONDAY

Chicken, Corn, Bean & Tomato in
a Soft Taco Boat
\$4.00

TUNA TUESDAY

Cheesy Tuna Quesadillas
(2 pieces)
\$3.50

WACKY WEDNESDAY *Recess only*

Chicken and Avocado
\$1.00



IS THIS YOU? CANTEEN COMPETITION

If this is you
(pictured from 2019 school photos)
let Mrs Hamel know
and you will receive a
\$2 Canteen Voucher.
**You have until next
Friday, 4th September
to claim your prize!**



COMMUNITY NOTICES

Port Macquarie Allied Health - Rachel Sheppard (Psychologist)

Rachel is an experienced group skills facilitator with over a decade experience in the mental health sector and five years working as a registered psychologist. She is interested in building community resilience, and is currently focusing on therapeutic groups as an effective and cost-accessible way for locals to keep well. She is especially interested in interventions that help parents, knowing this has a flow-on impact for kids and the broader community.

Rachel completed her Masters in clinical psychology at the University of Wollongong in 2016. She has specific training and experience providing Cognitive Behavioural Therapy (CBT) and Dialectical Behaviour Therapy (DBT). She has been registered with AHPRA since 2014, and has experience working in a range of mental health settings (community mental health, rehabilitation inpatient, employment services, private practice). She has training and experience providing assessments and treatment to families with children with a variety of concerns.

Confident Carers-Cooperative Kids (CCCK)

Rachel is currently focusing on delivering the Confident Carers Co-operative Kids (CCCK) program. CCCK is an evidence-based group program for parents/carers of children (3-12 years) with 'problem behaviours'.

CCCK helps parents and carers draw on their skills and values to grow more positive and cooperative relationships with their kids. The program helps create a calmer, less stressful and more enjoyable household for the whole family. It runs for 9 weeks (2 hours per week), with set activities between sessions.

'Problem behaviours' are shown by most, if not all, children from time-to-time. Children often express their feelings through their behaviour. Some children display more severe problem behaviours that significantly interfere with how they get along with their family, friends and school life.

The program will run from 5.45pm - 7.45pm Tuesday nights, 9 weeks, starting 20th October to 15th December.

Please contact Rachel at rachelsheppardpsychology@gmail.com for more information and program details.