

WHAT'S ON at HASTINGS ... WEEK 6 : TERM 4

<https://hastings-p.schools.nsw.gov.au/events.html>

Monday, 18th

- Uniform Shop open 8:30 to 9:30am
- Kindergarten 2020 Orientation – 9:20 to 10:50am
- Year 2 Intensive Swimming Program
- K-2 Assembly 2:20pm. Presenting Class KS

Tuesday, 19th

- Aboriginal Education Excellence Awards
- School Parliament 2020 Speeches
- Year 2 Intensive Swimming Program
- Student Banking

Wednesday, 20th

- Kindergarten 2020 Orientation – 9:20 to 10:50am
- 2020 School Parliament Speeches
- Year 2 Intensive Swimming Program
- P&C Meeting - Tacking Point Tavern 7pm
- Uniform Shop open 2:30 to 3pm

Thursday, 21st

- School Parliament 2020 Speeches
- Honk! Jr
- Year 2 Intensive Swimming Program

Friday, 22nd

- 3-6 Assembly 9:20am.
- School Parliament 2020 Elections
- Year 2 Intensive Swimming Program (last day)
- Uniform Shop open 2:30 to 3pm



Austin Morgan (2D) & his brother Roy, visited 200 firefighters based at CSU during the week to give these superheroes a boost and present them with thank you cards.

ABC's "Behind the News" were also there and filmed around 20 children & firefighters together. Austin was extremely proud to represent our school and pass on everyone's gratitude.

Our school has also received gratitude from the NSW Rural Fire Service – Mid Coast District who have posted a brief video on their facebook page showing the cards they have received from our students and further gratitude from Port Macquarie Police following the cards they received after our hall fire in September.

PRINCIPAL MATTERS

It has certainly been a challenging couple of weeks and I sincerely hope all our families are managing well. Throughout these events, our utmost priority is to keep children safe and I am so grateful to the staff for their ongoing adaptability to changing routines and additional requests. The patience and understanding of our families is, as always, an absolute blessing. Thank you to you all!

As we approach a dry, hot summer it is inevitable that the risk of bushfires will continue to be high. We must all remain vigilant and proactive. This has been a very real reminder for all of us that it can happen close to our homes and school and everyone must have a plan. There is a full range of very useful planning information on the RFS website.

<https://www.rfs.nsw.gov.au/plan-and-prepare/bush-fire-survival-plan>

I am very proud of our children this week. Our students have been sensibly listening to teachers, helping wherever they can and showing great concern for others. We have such beautiful children! A group spent a great deal of time making beautiful cards of thanks and appreciation for the fire fighters. These cards have been coupled with food packs prepared by our friends at KateCaters to give to those working hard to combat fires. The caring and supportive nature of our school community is something that we should all be extremely proud of.

In the coming weeks, we will have more information about other ways in which we can support those in need. Just this morning, I have made contact with the Principal of Bobin Public School. I have offered our thoughts and best wishes. I am hopeful that we can organise a way to support the Bobin school community as they begin their recovery from such a devastating and traumatic event.

With the smoke predicted to stay around for a while, if you are concerned about your child's health please keep them home. While we endeavour to keep students inside as much as we can, doors are opened and closed which allows smoke into the buildings.

Please continue to monitor messages from the school to remain informed.

Jodie Paterson
Principal

WELCOME TO KINDER 2020

On Monday we begin to welcome our Kindergarten 2020 students. Transition programs will be held on Monday for students with surnames A to L and will be repeated on Wednesday for M to Z surnames. (If your allocated day suits better, it is OK to swap). An outline for both mornings is ...

Monday, 18th and Wednesday, 20th November

9:20am	Parents and pre-schoolers are asked to meet staff in the school library.
Pre-Schoolers 9:25am – 10:50am	Pre-schoolers will be taken to Kinder classrooms to enjoy storytime, music, craft and play activities, maths games and a fruit break. Pre-schoolers should bring their water bottle and a small container of cut up (bite size) fresh fruit ie. 10 grapes, a small segmented mandarin, a small quartered apple. Please do not send in fruit which needs peeling or whole apples.
Parents 9:25am	Mrs Jodie Paterson, Mrs Deb Baker and Mrs Janyce Sherrard will present an information session and a Talk & Walk around the school. Pick up an Information Pack and book your child's 2020 Best Start interview.
10:30am	Our P&C Association will provide Morning Tea for parents Room 4.
10:50am	Your children will return to the library for home time.
10:50 – 12noon	Uniform Shop open

SCHOOL BAND

Band notes for 2020 have been handed out to students who have expressed an interest in joining the school band next year. If you would like your child to learn an instrument through the school band program, please return the forms immediately as trialling for the instrument which best suits each child will commence very soon.

School Band is open for interested students in Years 3 to 6. Violin lessons are also available for students in Years 2 to 6.

P&C MEETING

The final P&C meeting for 2019 will be held at Tacking Point Tavern on Wednesday evening, 20th November at 7:00pm. Everyone is invited to join the P&C team and celebrate the successes of 2019.

SPORT CANCELLATIONS

Due to the poor air quality over the last week, Stage 3 sport last Friday and Stage 2 and Stage 3 sport this week was cancelled. We have re-booked Wednesday, 11th December for Year 3 & Year 4 but unfortunately we cannot re-schedule Friday sport for Year 5 & Year 6 therefore Stage 3 are only participating for three of the five planned weeks.

Year 2's Intensive Swimming Scheme was also cancelled this week but will continue next week – Monday, 18th to Friday, 22nd November. Again, we are unable to re-book the four days missed this week.

School credits will be issued for the missed days and your credit will roll-over to next year if your child's account is still in credit on the 18th December, 2019. Your credit can be used to pay for upcoming end of year parties and the Year 6 Farewell.

SCHOOL PARLIAMENT 2020

The Parliament election process for 2020 will commence next week with 22 girls and 17 boys seeking one of the 14 Ministerial positions. This year, candidates will present their speeches via a video conference which will be screened into all classrooms. Parents are welcome to sit-in on the speeches in Room 17 (Class 5/6M) but please, no toddlers or pre-schoolers as they can be a distraction for our students. Voting will take place after recess on Friday. Successful candidates will be inducted at our Presentation Day Assembly on Thursday, 12th December.

Good luck to the following students who will present their Election Speech as follows ...

VIDEO CONFERENCE	CANDIDATES
Tuesday 9:10am – 9:45am	Frida Aaso, Bella Shuhyta, Rahni Walker, Halle Armitage, Mia-Rose Breitkopf, Abbie Brown, Annalise Morton, Sophia Bailey, Bowen Hansen, Cameron Carson, Oskar Morris, Cedar Thompson, Tyler Russell- Foo
Wednesday 12:15 – 12:45pm	Addison Lunn, Ellen McManus, Georgia Cowell, Alyssa Hocking, Meredith Davies, Hannah Taylor, Blaire Eades, Rudy Klein, Morgan Edwards, Ajay Sen Gupta, George O'Dea, Bana Lavine, Logan Page
Thursday 9:15am – 9:45am	Kacia Payne, Willis Jensen, Amelia Southwell, Olivia Wilson, Kyra Tuxford Charli Edwards, Skye Thomas, Isaac Lavis, William Suosaari, Xavier Kelly-Walsh, Kyson Stratton, Maddox Styles, Isaac Barry

CANTEEN CREATIONS

Lunches can be ordered (or cancelled) before 9am at www.flexischools.com.au

Monday	18 th	Help Not Required
Tuesday	19 th	Janice Lewis 12:30 To 1:30pm
Wednesday	20 th	Kerri Caslick 11 To 1:30pm
Thursday	21 st	Nicola Horner 12:30 To 1:30pm
Friday	22 nd	Kimberley Day 11:00 To 1:30pm
Monday Lunch	Tuesday Lunch	Wednesday Recess
Bolognese Jaffle Pockets \$4.00	Mini Lamb Koftas (3) W/- Minted Yoghurt Dip \$4.00	Prawn Sushi \$1.00

Picnic Packs

\$6.00

Your Choice Of:-

- a red or green apple
- a plain or blueberry muffin
- a popper or a bottle of cold water
- 1 vegemite, cheese, ham or salad sandwich

Picnic Packs

cover recess & lunch and must be picked up from the canteen at 11am

HASTINGS PUBLIC SCHOOL

Learning | Growing | Caring

3D	Indie Devine	Bear Farmer	Maddie Miller	Connor Duggan
3G	Elliott Day	Aaliyah Burt	Asher Mansfield	
3L	Miley Skellern	Ryan Nicholson	Kailey Liebeck-Butcher	
3/4P	Josette Hoffman	Lalita Sen Gupta	Felicity Stelling	
4B	Lydia Dudley	Nevaeh Dunn	Eddy Winn-Butcher	
4K	Olivia Brown	Helaina Marks	Lincoln Geange	
4M	Kate Thompson	Bailey Campbell	Franklin Button	
5B	Abbie Brown	Harrison Foster	Bailey Partridge	
5H	Audrey Brooker	George Keena	Halle Armitage	
5J	Sofire Waters	Ajay Sen Gupta	Declan Power	
5/6M	Daniel Chandler	Jacinta Barker	Tyneisha Mueller	
5/6S	Kacia Payne	Bella Shuhyta	Madison Hughes	
6B	Lachlan Reynolds	Tully Lavine	Tyneisha Mueller	
6H	All of 6H!			

★★★★★

MATHS

Josette Hoffman
(Stage 2)

Annalise Morton
(Stage 3)

HEALTH AND WELLBEING

LOOKING AFTER YOURSELF AND OTHERS

Bush fires are distressing and you might feel things like sadness, frustration or anxiety, or have trouble sleeping or remembering things. This is a normal reaction to an abnormal event and is not a sign of weakness. Having someone to listen and support you at times like this is important.

Some tips on managing your recovery include:

- spend time with family and friends
- try to get back into a routine
- continue a healthy lifestyle (eating, sleeping, exercise)
- take time out but don't isolate yourself
- express your feelings in your own time and way
- accept help when it is offered
- limit the amount of media coverage you are exposed to
- don't expect to have all the answers
- understand you are not alone in your experience.
- *keep checking in with your friends and neighbours and look out for each other.*

Free face-to-face support

The following free services are available to people impacted by fires and drought.

- Hunter / New England – Healthwise 1800 931 540
- North Coast - Connect to Wellbeing 1300 160 339

Free telephone support

The following are free services available 24 hours a day, seven days a week:

Mental Health Line 1800 011 511	Lifeline 13 11 14	Mensline 1300 789 978
Kids Helpline 1800 55 1800		Beyond Blue 1300 22 4636



RFS teams from Ridgeway /Queanbeyan City /Carwoola /Captains Flat /Wamboin /Burra / Jerrabomberra/ Bungendore /Hoskingtown very happily receiving Thank You cards from Hastings Public School. Feedback was: love and gratitude from the kids makes it all worth while!



Painting by Tyneisha Mueller (6B)

If you or someone you know is in immediate danger always call 000