

**ORDERED DRINKS & FROZEN ITEMS  
MUST BE PICKED UP FROM THE CANTEEN  
ON PRESENTATION OF THEIR LUNCH ORDER BAG**

Hastings Public School  
Canteen Price List  
Term 3, 2021

**HM – Home Made  
GF – Gluten Free  
E – Contains Egg**

## CANTEEN CREATIONS

### "SURF'S UP" LUNCH BAG \$5.00

|   |
|---|
| • a packet of popcorn                           |
| <i>and your choice of:-</i>                     |
| • a vegemite, cheese or ham sandwich            |
| • a red or green apple                          |
| <i>and</i>                                      |
| • an Oak milk, a milkshake or a bottle of water |

### SNACKS OVER THE COUNTER

|               |                            |        |
|---------------|----------------------------|--------|
|               | Arrowroot Biscuit          | \$0.10 |
| <b>GF</b>     | Air Popped Popcorn         | \$0.50 |
| <b>GF</b>     | Hard Boiled Egg            | \$0.50 |
| <b>GF</b>     | Seasonal Fruit             | \$0.50 |
| <b>HM, GF</b> | Fruit Jolly Jelly Cup      | \$0.50 |
| <b>HM</b>     | Smoshed Brownie Bliss Ball | \$0.80 |
| <b>HM, E</b>  | Raspberry/Pear Loaf Slice  | \$0.80 |
| <b>HM</b>     | Banana Buttermilk Pancake  | \$0.80 |
| <b>GF</b>     | Fresh Fruit Tub            | \$1.00 |
| <b>GF</b>     | Apple Slinky               | \$1.00 |
| <b>HM, E</b>  | Muffin – Blueberry, Plain  | \$1.20 |
|               | Sea Salt Chips             | \$1.20 |
|               | Honey Soy Chips            | \$1.20 |

### FROZEN

|               |                                   |        |
|---------------|-----------------------------------|--------|
| <b>HM, GF</b> | Orange Quarter                    | \$0.10 |
| <b>HM, GF</b> | Pineapple & Coconut Bite          | \$0.20 |
|               | Welsh Stick – Assorted Flavours   | \$1.00 |
|               | Vanilla Ice Cream Tub             | \$1.00 |
| <b>HM</b>     | Mango Cheesecake Pop              | \$1.00 |
|               | Twisted Minis – Assorted Flavours | \$2.00 |

### SANDWICHES

|   |        |
|---|--------|
| Buttered bread – 2 slices                 | \$1.00 |
| Vegemite                                  | \$1.50 |
| Tomato & Cheese                           | \$2.00 |
| Ham                                       | \$2.50 |
| Egg & Mayo                                | \$2.50 |
| Roast Chicken Meat                        | \$3.00 |
| Salad – lettuce, tomato, cucumber, carrot | \$3.50 |
| BLAT – bacon, lettuce, avocado on turkish | \$4.00 |

### SANDWICH ADDITIONS

|   |             |        |
|---|-------------|--------|
| Cheese, Lettuce, Tomato, Cucumber, Beetroot or Carrot | <b>Each</b> | \$0.30 |
| Ham or Egg  | <b>Each</b> | \$0.60 |
| Chicken   |             | \$0.80 |
| Toasted   |             | \$0.50 |
| Gluten Free Bread                                     |             | \$0.50 |
| Roll or Wrap  |             | \$0.50 |

### SALAD BOWLS

|  |                    |
|--|--------------------|
| <b>GF</b> Garden Salad – lettuce, tomato, cucumber, beetroot, carrot | \$3.50             |
| Garden Salad w/- Ham or Chicken                                      | \$4.50             |
| Dressings – Balsamic, Italian or Caesar                              | <b>Each</b> \$0.20 |

### DRINKS

|   |                              |
|---|------------------------------|
| Water 600ml                             | \$1.00                       |
| Milk – Plain 200ml                      | \$2.00                       |
| Milo – Warm or Cold                     | <i>Lunchtime Only</i> \$1.00 |
| Poppers – assorted flavours             | \$1.80                       |
| Oak Milk                                | \$2.00                       |
| <i>Chocolate, Strawberry or Vanilla</i> |                              |
| Milkshakes                              | <i>Lunchtime Only</i> \$2.00 |
| <i>Chocolate, Strawberry or Vanilla</i> |                              |

### HOT FOOD

|   |   |
|---|---|
| Sauce Sachet – Tomato or BBQ                                | \$0.30  |
| Chicken Fingers (Limit of 6 per order)                      | Each \$0.60   |
| Garlic Bread  | \$0.70  |
| Pasta Bowl  | Small \$1.00<br>Large \$3.00  |
| Lalita Special - 3 Fingers Wrap & Sauce                     | \$2.50  |
| Wedges  | Plain \$3.00<br>w/- Cheese \$3.50<br>w/- Sweet Chilli & Sour Cream \$3.50 |
| Bacon & Cauliflower Soup, Croutons                          | HM \$3.50   |
| Chicken Tenderloin Wrap w/- lettuce & mayo                  | Small \$3.00<br>Large \$4.50  |
| Pork Burger, Apple Slaw, Rocket & Dijonnaise                | HM \$4.50   |
| Sesame, Ginger & Soy Chicken Rissoles with Zucchini Noodles | HM \$4.50   |

### DAILY SPECIALS

#### MEATLESS MONDAY

|   |        |        |
|---|--------|--------|
| Pumpkin & Feta Quiche                   | HM     | \$3.50 |
| Pumpkin & Feta Quiche with Garden Salad |        | \$6.00 |
| Jacket Potato with Cheese               | GF, HM | \$3.50 |

#### TORTILLA TUESDAY

|                          |    |        |
|--------------------------|----|--------|
| Tuna & Cheese Quesadilla | HM | \$4.00 |
|--------------------------|----|--------|

#### WEDNESDAY

|   |       |        |
|---|-------|--------|
| Sushi - <i>see the Newsletter for weekly specials</i> | HM,GF | \$1.00 |
|---|-------|--------|

#### THURSDAY - THE "BIG H" WRAP

|  |    |        |
|--|----|--------|
| Ham, Hash Brown, Cheese, Mushroom & Egg Toasted Wrap | HM | \$4.50 |
|--|----|--------|

#### FRUITY FRIDAY

|                                    |        |        |
|------------------------------------|--------|--------|
| Strawberry & Vanilla Bean Smoothie | HM, GF | \$2.50 |
|------------------------------------|--------|--------|

Order Recess Snacks & Lunches Online  
BEFORE 9:00am

Pre-Ordered Snacks & Lunch Orders  
can be CANCELLED ONLINE BEFORE 9:00am

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Remember to click the final  
ORDER BUTTON

Check emails for confirmation  
NO EMAIL = NO ORDER