

**ORDERED DRINKS & FROZEN ITEMS  
MUST BE PICKED UP FROM THE CANTEEN  
ON PRESENTATION OF THEIR LUNCH ORDER BAG**

Hastings Public School  
Canteen Price List  
Term 2, 2021

**HM – Home Made  
GF – Gluten Free  
E – Contains Egg**

## CANTEEN CREATIONS

### PRE-ORDER SNACKS & BEAT THE RECESS QUEUE

	Arrowroot Biscuit (Maximum 5)	each	\$0.10
<b>HM, GF</b>	Pineapple & Coconut Bite		\$0.20
<b>GF</b>	Watermelon Wedge		\$0.20
<b>GF</b>	Hard Boiled Egg		\$0.50
<b>HM, E</b>	Banana Bread		\$0.50
<b>HM</b>	Muesli Bite		\$0.80
	Cheese Jaffle		\$1.50
	Carrot Sticks w/- Hummus		\$1.50

**Orders must be collected from the Canteen at recess**

### SNACKS OVER THE COUNTER

	Arrowroot Biscuit		\$0.10
<b>GF</b>	Air Popped Popcorn		\$0.50
<b>GF</b>	Hard Boiled Egg		\$0.50
<b>GF</b>	Seasonal Fruit		\$0.50
<b>HM, GF</b>	Fruit Jolly Jelly Cup		\$0.50
<b>HM</b>	Jaffa Amaze Ball		\$0.80
<b>HM, E</b>	Banana Bread Slice		\$0.80
<b>HM</b>	Muesli Bite		\$0.80
<b>GF</b>	Fresh Fruit Tub		\$1.00
<b>GF</b>	Apple Slinky		\$1.00
<b>HM, E</b>	Muffin – Blueberry, Plain		\$1.20
	Sea Salt Chips		\$1.20
	Honey Soy Chips		\$1.20

### FROZEN

<b>HM, GF</b>	Orange Quarter		\$0.10
<b>HM, GF</b>	Pineapple & Coconut Bite		\$0.20
	Quelsh Stick – Assorted Flavours		\$1.00
	Vanilla Ice Cream Tub		\$1.00
	Twisted Minis – Assorted Flavours		\$2.00

### SANDWICHES

	Buttered bread – 2 slices		\$1.00
	Vegemite		\$1.50
	Tomato & Cheese		\$2.00
	Ham		\$2.50
	Egg & Mayo		\$2.50
	Roast Chicken Meat		\$3.00
	Salad – lettuce, tomato, cucumber, carrot		\$3.50
	BLAT – bacon, lettuce, avocado on turkish		\$4.00

### SANDWICH ADDITIONS

	Cheese, Lettuce, Tomato, Cucumber, Beetroot or Carrot	<b>Each</b>	\$0.30
	Ham or Egg	<b>Each</b>	\$0.60
	Chicken		\$0.80
	Toasted		\$0.50
	Gluten Free Bread		\$0.50
	Roll or Wrap		\$0.50

### SALAD BOWLS

<b>GF</b>	Garden Salad – lettuce, tomato, cucumber, beetroot, carrot		\$3.50
	Garden Salad w/- Ham or Chicken		\$4.50
	Dressings – Balsamic, Italian or Caesar	<b>Each</b>	\$0.20

### DRINKS

	Water 600ml		\$1.00
	Milk – Plain 200ml		\$2.00
	Milo – Warm or Cold	<i>Lunchtime Only</i>	\$1.00
	Poppers – assorted flavours		\$1.80
	Oak Milk		\$2.00
	<i>Chocolate, Strawberry or Vanilla</i>		
	Milkshakes	<i>Lunchtime Only</i>	\$2.00
	<i>Chocolate, Strawberry or Vanilla</i>		

### HOT FOOD

	Sauce Sachet – Tomato or BBQ		\$0.30
	Chicken Fingers (Limit of 6 per order)	Each	\$0.60
	Garlic Bread		\$0.70
	Pasta Bowl	Small	\$1.00
		Large	\$3.00
	Lalita Special - 3 Fingers Wrap & Sauce		\$2.50
	Wedges	Plain	\$3.00
		w/- Cheese	\$3.50
		w/- Sweet Chilli & Sour Cream	\$3.50
	Carrot & Coriander Soup w/- Corn Bread	HM	\$3.50
	Chicken Tenderloin Wrap w/- lettuce & mayo	Small	\$3.00
		Large	\$4.50
	Peri Peri Pineapple, Chicken & Avo Burger		\$4.00
	Twista Pasta Bolognese (with or without cheese)	HM	\$4.00

### DAILY SPECIALS

#### MONDAY – PACK A PROTEIN DAY!

Honey Teriyaki Chicken w/- rice & broccoli, a hard-boiled egg & a muesli bite \$5.50

#### TUESDAY

Chicken Meatball pita pocket w/- tzatziki & lettuce \$5.50

#### WEDNESDAY

Sushi - *see the Newsletter for weekly specials* HM,GF \$1.00

#### THURSDAY

Nachos – corn chips, spicy beef, cheese, guacamole, salsa & sour cream HM,GF \$4.50

### “SURF’S UP” LUNCH BAG - EVERYDAY

- a packet of popcorn
  - and your choice of:-
  - a vegemite, cheese or ham sandwich
  - a red or green apple
  - and
  - an Oak milk, a milkshake or a bottle of water
- \$5.00

Order Recess Snacks & Lunches Online  
BEFORE 9:00am

Pre-Ordered Snacks & Lunch Orders  
can be CANCELLED ONLINE BEFORE 9:00am

**FLEXISCHOOLS**  
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Remember to click the final  
ORDER BUTTON

Check emails for confirmation  
NO EMAIL = NO ORDER