

**ORDERED DRINKS & FROZEN ITEMS
MUST BE PICKED UP FROM THE CANTEEN
ON PRESENTATION OF THEIR
LUNCH ORDER BAG**

**Hastings Public School
Canteen Price List
Term 4, 2023
CANTEEN CREATIONS**

**E – Contains Egg
DF – Dairy Free
GF – Gluten Free
HM – Home Made**

SNACKS

Air Popped Popcorn	GF, DF	\$0.50
Hard Boiled Egg	GF, DF	\$0.60
Fresh Seasonal Fruit	GF, DF	\$0.80
Fruit Jolly Jelly Cup	HM, GF	\$0.60
Banana Bread	HM, E	\$1.20
Blueberry Pancake	HM, E	\$1.20
Lamington Bliss Ball	HM, GF	\$1.20
Grain Waves		\$1.20
Fresh Fruit Tub	GF, DF	\$1.20
Apple Slinky	GF, DF	\$1.00
Muffin – blueberry/plain	HM, E	\$1.20
Sea Salt Chips		\$1.20
Tuna, Cheese and Corn Jaffle		\$2.00

FROZEN

Orange Quarter	DF, GF	\$0.10
Pineapple & Coconut Bite	HM, GF	\$0.20
Eskimo Cup – Frozen Fruit Juice	HM, GF	\$0.50
Quelch Stick (<i>assorted flavours</i>)	GF, DF	\$1.00
Vanilla Ice Cream Tub	GF	\$1.20
Sour Watermelon Ice Mony	GF	\$1.80
Twisted Minis (<i>assorted flavours</i>)	GF	\$2.20

DRINKS

Water 600ml		\$1.00
Milk – plain 200ml		\$2.00
Milo - warm or cold (<i>lunchtime only</i>)		\$1.20
Poppers – (<i>assorted flavours</i>)		\$2.00
Oak Milk – Chocolate/Strawberry		\$2.30
Milkshakes - (<i>lunchtime only</i>)		\$2.20
Chocolate/Strawberry/ Vanilla		

DAILY SPECIALS

Monday Munchies

Warm Cauliflower Popcorn with Tzatziki	HM, GF	\$4.00
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Teriyaki Tuesday

Teriyaki Pork Meatballs with Coconut rice and Broccoli	HM, GF	\$5.00
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Wrap it up Wednesday

Sushi - see weekly newsletter for flavour	HM, GF	\$1.20
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Tangy Thursday

Loaded Nacho Wedges – Spicy Beef, Cheese, Salsa and Sour Cream	HM	\$5.00
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Feta Friday

Warm Spinach & Feta Pastry	HM	\$2.50
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EVERYDAY MEAL DEAL - PICNIC PACK

A vegemite, cheese or ham sandwich,	\$5.00
A red or green apple, a packet of popcorn and an Oak Milk, milkshake or bottle of water.	

SALAD BOWLS

Garden Salad	DF, GF	\$4.00
Lettuce, Tomato, Cucumber, Beetroot, Carrot		
Add Ham or Chicken		\$4.60
Dressings – Balsamic, Italian Caesar	each	\$0.30

BIRTHDAY BUCKET BUNDLE

To celebrate your Child's Birthday, order a Quelch Stick or Ice Cream Tub with the number of children in your child's class to be collected from the Canteen on their Birthday.
\$17.00 for all classes except SHP
\$30.00 for SHP

SANDWICHES

All sandwiches on wholemeal bread and only Nuttalex (dairy free spread) is used.

Buttered Bread – 2 slices	\$1.00
Vegemite	\$1.50
Tomato and Cheese	\$2.00
Ham	\$2.50
Egg and Mayo	\$2.50
Roast Chicken Meat	\$3.00
Salad – Lettuce, Tomato, Cucumber Carrot	\$3.50

Sandwich Additions – Extra Fillings

Cheese, Lettuce, Tomato, Cucumber,		
Beetroot or Carrot	add	\$0.30
Ham or Egg	add	\$0.60
Chicken	add	\$0.80
Toasted	add	\$0.50
Gluten Free Bread	add	\$0.50
Roll or Wrap	add	\$0.50

HOT FOOD

Chicken Fingers	each	\$0.70
Garlic Bread	each	\$0.70
Pasta Bowl	small	\$1.20
	large	\$3.00
Lalita Special – Chicken Fingers/Wrap/Sauce		\$2.50
Wedges	Plain	\$3.00
	With Cheese	\$3.50
	Chilli/Sour Cream	\$3.50
Thai Chicken Noodle Soup	HM	\$4.00
Chicken Tenderloin Wrap	Small	\$3.00
with Lettuce, Mayo	Large	\$4.50
Butter Chicken, Basmati Rice & Naan	HM	\$5.00
Chicken Burger, lettuce, cheese, mayo	HM	\$5.00
Sauce Sachet (<i>BBQ or Tomato</i>)		\$0.30

**Order Recess Snacks
& Lunches Online
BEFORE 9:00am**

**Pre-Ordered Snacks &
Lunches
can be CANCELLED
ONLINE BEFORE
9:00am**

**FLEXISCHOOLS
www.flexischools.com.au**

**Remember to click the
final
ORDER BUTTON**

**Check emails for
confirmation
NO EMAIL = NO ORDER**